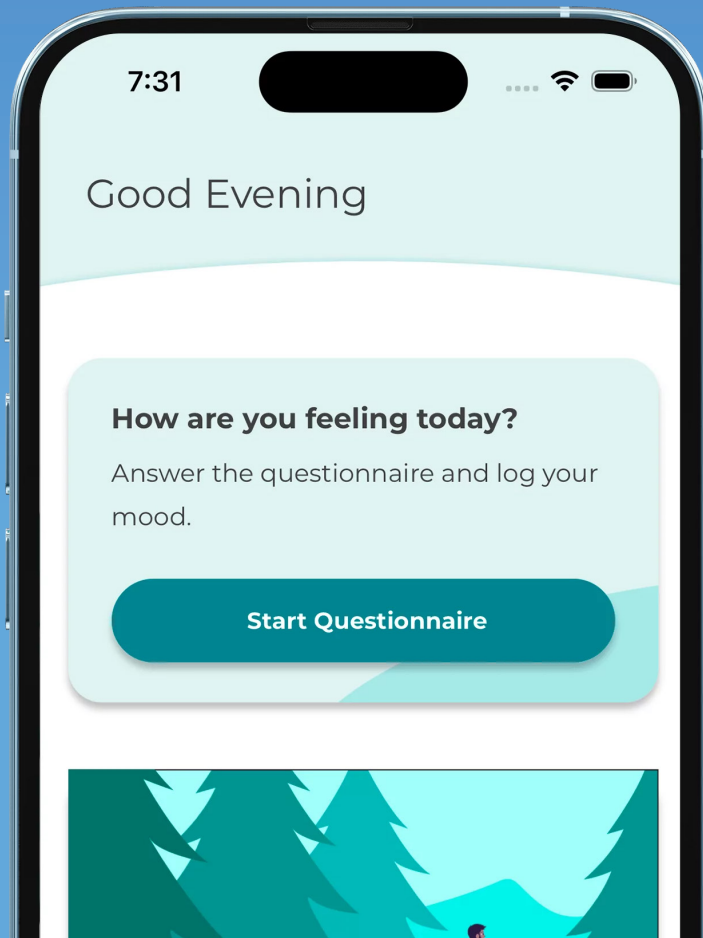


Stay in the loop with...

CareLoop

A digital support tool for
people living with psychosis



As someone living with psychosis, you'll know that it can be hard to keep track of your thoughts, feelings and experiences and remember them when speaking to your care team. CareLoop is an app designed for and with people who have experienced psychosis. With over a decade of research behind it, CareLoop is shown to help and support people just like you.

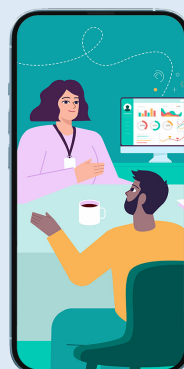
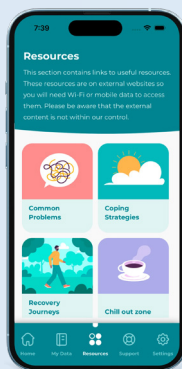
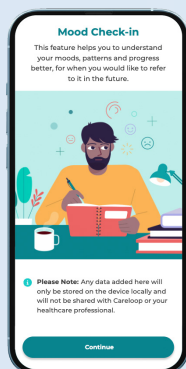
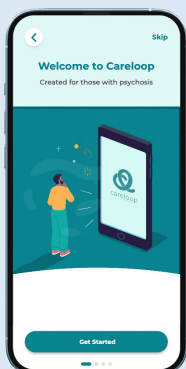
How can CareLoop help me?

At its core, CareLoop helps you to better understand and keep track of your own experiences, allowing you to focus on your care and wellbeing. CareLoop can help you to:

- understand patterns and trends in your personal experiences
- notice when things change or shift away from your normal
- learn key coping strategies to help you manage every day

As well as helping you take control of your own wellbeing, CareLoop also gives your mental health support team a better understanding of you. This allows them to give advice personalised to your needs and provide the best care possible.

If you are very unwell or feel that you need urgent help, you should contact your support team directly.



CareLoop works by...



Capturing your unique day-to-day experiences

Using AI-powered technology, CareLoop uses your responses to daily questionnaires to create a picture of your everyday experiences, showing patterns and trends over time



Notifying your support team

CareLoop can notify your support team if there are significant changes in how you're feeling, making sure they know when extra help might be useful



Supporting discussions

CareLoop acts like a shared notice board for you and your support team, making sure you're talking about what matters most. This helps them make the best care decisions, with your help



...and so much more!

CareLoop has plenty of resources that can equip you with the confidence to self-manage your condition, including information about common problems and coping strategies

Who can see the CareLoop dashboard?

- Someone at CareLoop (to review any alerts)
- A Care Coordinator
- Members of your support team

Your life, your data, your choice

We think it's important for everyone to be involved in their own care decisions. That's why CareLoop has been designed to complement your existing care, not replace it. It's up to you whether you decide to choose to use CareLoop or not. If it's not for you, that's ok! You can stop using the app at any time and you'll continue to receive your usual treatment.

Rest assured, your data are all kept completely confidential and will only be seen by you or your support team. Some functions of the app give you the choice whether you want to share your responses with your support team.

We only hold your personal data while we deliver services to your healthcare provider. Data are stored in secure servers and are destroyed or returned to your healthcare provider if service is stopped. We will never sell personal data to other organisations.

Can anyone use CareLoop?

Not yet. CareLoop is specifically designed for people aged 16 years and older who have experienced psychosis. Your support team must recommend you the app before you can use it. You also need to have access to a smartphone to download it. You should let your support team know if you don't have access to a smartphone and they may be able to help.

Interested? Here's how to stay in the loop

To find out more about CareLoop, including all the key features and how to download the app to your personal device, scan the QR code or follow the link below:

www.careloopDTx.com

